

Student Athlete & Parent Guide to Athletics Rules & Regulations



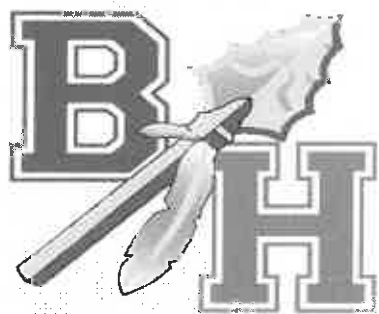
Blue Hills Regional Technical School
Department of Athletics

BLUE HILLS REGIONAL TECHNICAL SCHOOL
CANTON, MASSACHUSETTS 02021

DEPARTMENT OF ATHLETICS

Student Athlete & Parent Guide to Athletics

Rules & Regulations



Director of Athletics

By: Department of Athletics
2010

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INTRODUCTION & PURPOSE OF HANDBOOK

This handbook has been developed as a guide for the student athletes and their parents /guardians of the athletic program here at Blue Hills Regional Technical High School. We are governed by a series of regulations issued by the **Mayflower Athletic Conference**. The **Massachusetts Interscholastic Athletic Association (MIAA)**, **Commonwealth Conference**. (Swimming), **Massachusetts Vocational League** as well as **BHR Administration**, and our own **District School Committee**. Please read this guide, which covers rules, regulations and other important information your son and daughter will face.

Welcome to the Blue Hills Athletic Program. As the Athletic Director I hope your son or daughter will enjoy participating in the sport programs in which BHR has to offer. The lifelong lessons which all the student athletes might learn along the way will carry with them through the rest of their lives.

The Blue Hills sports program will strive to have as a part of every program the ability of each student athlete to the have opportunity to perform to the best of their ability.

Students Athletes will have the opportunity to:

- * Be **Successful** that every time an athlete competes, he /she strived to achieve.
- ***Growth** practices are developed so fundamentals and skill level are improved and values such as sportsmanship, character and leadership are stressed.
- * **Participation** so that all athletes feel that they are a part of the team.

This handbook is part of an ongoing process which will help guide parents and players through all of the Blue Hills Athletic programs.

PHILOSOPHY

The Blue Hills Regional Technical School's Interscholastic Athletic Program is an integral part of the total educational program. Numerous sports on all levels of competition (freshman, sub-varsity and varsity for boys and girls are offered. Since 1967, Blue Hills has developed a history which is steeped in pride. Our student-athletes have been well represented in the Mayflower Conference regional competition, Mass Vocational League as well as in MIAA state competition.

Interscholastic Athletics which are well administered and properly coached will accomplish the following:

- * Serve as a base for the development of a positive self-image and self-esteem for all participants.
- *Encourage individual and group excellence, dedication and commitment in working toward team goals.
- *Contribute to the individual growth in physical fitness and skills. *Foster mental alertness, emotional maturity and Social interaction.

It is the desire and task of the Blue Hills Regional Technical School to employ the most qualified and educationally experienced personnel to carry out this philosophy and strive to attain the following objectives in their coaching and teaching.

STUDENT ATHLETE OBJECTIVES

1. Follow all proper procedures and policies set forth by the school.
2. Interpret and enforce all rules and regulations pertaining to chemical substance abuse. See page 54 Appendix 62.1 of the MIAA handbook. **Zero Tolerance**
3. Shop / Academic performance first. (Eligibility is most important)
4. Proper conduct and demonstration of self-control, particularly under the most adverse situations or conditions. **Hazing will not be tolerated**
5. Refrain from profanity and abusive language.
6. Cultivate respect for authority, opponent, colleagues, officials and the rules of the game
7. Encourage self-improvement, self-confidence and the development of sound working habits. Encourage your teammates in the same fashion.
8. Develop and maintain self-control, self-direction and sound judgment.
9. Take care of all equipment and uniforms. (Replacement costs are costly)
10. Have great **Sportsmanship and Leadership** qualities

BUS TRANSPORTATION

Buses most times will be provided after school for the student athletes Monday through Friday. (Pending budget constraints and availability)

Note : Times may vary pending on circumstances so please see your respective coach and or the Athletic Director.

Transportation will be provided to and from each contests (Hockey might be different pending circumstances.) All student athletes must take the bus, or van that is provided by Blue Hills Regional.

The only exception will be if a player brings a note into his or her respective coach and the note is approved by the Athletic Director and the head coach. This note must be approved 24 hours before the schedule event in order for the student athlete to go with a parent/guardian.

********Students will only be released to a parent or guardian for alternative transportation.***

What is Sportsmanship?

Coaches, educators, referees, and parents all talk about *sportsmanship*, but what exactly is it?

Sportsmanship is.....

1. Sincerely congratulating your opponent after they have just defeated you, especially after a close game.
2. Personally checking up on an injured opponent who has been taken off the playing field during a game.
3. Giving the ref or ump a pat on the back for a job well done, even though you or your team lost.
4. Being mature enough to know that sometimes, in sports, it's not that your team lost - it's just that the other team won.
5. Having the courage - and diplomacy - to let a loud-mouthed parent on the sidelines know that they're beginning to lose their perspective on the game.
6. Not giving in to the temptation of cheating in order to pursue your own personal goal of victory.
7. Knowing that running up the score against your opponent does not accomplish anything of a positive nature.
8. Understanding that when the game is over, it's time to shake hands, smile, and move on.
9. Knowing when your jubilation and celebration on the playing field is getting out of hand and is beginning to embarrass your opponent.
10. The Golden Rule applies in sports. Treat your opponents in the same manner that you'd like to be treated. Keep that one simple rule in mind, and you'll always be looked upon as an athlete who understands and honors the rules of sportsmanship.

By Rick Wolff

ATHLETIC CODE OF CONDUCT

Student athletes are representatives of the Blue Hills Regional Technical School. This privilege demands that athletes be held to the highest standards of conduct while they are members of an athletic team.

Blue Hills Regional High School is an active member of the Massachusetts Interscholastic Athletic Association and has agreed to conform to all of its rules and regulations governing athletics. In addition to the following rules, all students participating in athletics are subject to the rules of the school.

I. General Regulations

- A. Any legal infraction or conduct by a student athlete that is determined by the head coach and school administration to be detrimental to the athletic program, school, or school district will result in counseling by the head coach and school administrator with possible suspension.
 - 1. If necessary all athletes who are recommended for team expulsion by the coaches will be given due process by the Athletic Director and the Principal.

- B. On athletic trips, all team members must travel to and from contests in transportation provided by the school. The only exceptions are:
 - 1. Prior arrangement in writing between participant's parent and the coach for student transportation.
 - 2. Injury to a participant which would require alternate transportation.

- C. Attendance at practices and games is mandatory. Unexcused absence from scheduled practice could result in: 1 game / event suspension.
 - Other unexcused violations will be up to the Head Coach**
 - 1. Any athlete suspended, including in-house suspension, from school will not be allowed to practice, play in a game, or attend any team meetings during that entire day. If the suspension includes a Friday, the student will not be allowed to participate in any activity on the weekend.

ATHLETIC CODE OF CONDUCT

- D. Student athletes are required to pass in all uniforms and practice equipment which was issued to them upon completion of the last game.
 - 1. Any outstanding game / practice equipment, Players will be charged the replacement cost of the items which are missing.

- E. A student must be in school prior to 11:35 a.m. in order to participate in an activity that day. Students absent from school on a Friday may not participate on that day or the weekend. Exceptions may be granted only by the Athletic Director or the Principal or his designee.

- F. Eligibility for participation in interscholastic athletics is set by the Massachusetts Interscholastic Athletic Association. The school administration reserves the right to set stricter standards. Eligibility is determined at the end of each marking period and is the responsibility of the head coach. Eligibility information will be obtained from the Principal.

II. Student Conduct

- A. If any athlete strikes out against another player, coach or fan through physical violence, obscene language or gestures, or unsportsmanlike conduct, said athlete may be suspended or expelled from the team, depending upon the seriousness of the act. Such acts during a scheduled game could result in a full year ban from competition in that sport.

- B. Use or possession of alcoholic beverages, drugs, narcotics, or hallucinating agents by any athletic program participants is prohibited at any time. Such actions are set forth by the MIAA. / BHR

- C. Smoking or the use of smokeless tobacco in school or on school grounds is prohibited. Such actions are set forth by the MIAA. / BHR

- D. Detentions for misbehavior should be avoided. Student athletes receiving detentions for misbehavior during the season could be disciplined by their respective head coach.

ATHLETIC CODE OF CONDUCT

- E. Conduct, at all times, is expected in order to project the best possible image of the school and to ensure the individual safety of each team.
- F. Transportation vehicles and locker rooms are to be left in clean and undamaged condition.
- G. Leaving the immediate area of the contest is strictly prohibited.
- H. Non-uniform dress to and from competition must meet the standard of the classroom dress code, unless....
Stated differently by the head coach: Example: wearing ties and dress pants / blouse and dress slacks to tournament games when game uniforms are not being worn.
- F. The Blue Hills Regional High School has adopted the violation procedure for a student athlete in possession of:

Chemical Health/Alcohol/Drugs/Tobacco

SPECIAL NOTE: The Blue Hills School District has adopted all of the MIAA policies and consequences to any possible infractions by a student athlete / coach.

This also includes;

- **Chemical Health/Alcohol/Drugs/Tobacco**
- **Eligibility Requirements (Transfers)**
- **Academic Requirements**
- **Sportsmanship infractions (During each season)**

****** Pending the infraction by a student athlete / coach, the Principal and /or the Athletic Director has the right to enforce a "more severe" consequence than that of the MIAA to the infraction if needed.***

Student (and Coach) Eligibility: Chemical Health/Alcohol/Drugs/Tobacco

62.1 *From the earliest fall practice date, to the conclusion of the academic year or final athletic event (whichever is latest),* a student shall not, regardless of the quantity, use, consume, possess, buy/sell, or give away any beverage containing alcohol; any tobacco product; marijuana; steroids; or any controlled substance. This policy includes products such as "NA or near beer." It is not a violation for a student to be in possession of a legally defined drug specifically prescribed for the student's own use by his/her doctor.

This MIAA statewide minimum standard is not intended to render "guilt by association," e.g. many student athletes might be present at a party where only a few violate this standard. This rule represents only a minimum standard upon which schools may develop more stringent requirements.

If a student in violation of this rule is unable to participate in interscholastic sports due to injury or academics, the penalty will not take effect until that student is able to participate again.

Minimum PENALTIES:

First violation: When the Principal confirms, following an opportunity for the student to be heard, that a violation occurred, the student shall lose eligibility for the next consecutive interscholastic contests totaling 25% of all interscholastic contests in that sport. No exception is permitted for a student who becomes a participant in a treatment program. It is recommended that the student be allowed to remain at practice for the purpose of rehabilitation. All decimal part of an event will be truncated i.e., all fractional part of an event will be dropped when calculating the 25% of the season.

Second and subsequent violations: When the Principal confirms, following an opportunity for the student to be heard, that a violation occurred, the student shall lose eligibility for the next consecutive interscholastic contests totaling 60% of all interscholastic contests in that sport. All decimal part of an event will be truncated, i.e., all fractional part of an event will be dropped when calculating the 60% of the season.

If after the second or subsequent violations the student of his/her own volition becomes a participant in an approved chemical dependency program or treatment program, the student may be certified for reinstatement in MIAA activities after a minimum of 40% of events. The director or a counselor of a chemical dependency treatment center must issue such certification. All decimal part of an event will be truncated, i.e., all fractional part of an event will be dropped when calculating the 40% of the season.

BLUE HILLS REGIONAL TECHNICAL HIGH SCHOOL

ATHLETIC OFFERINGS

FALL

Varsity Football

J.V. Football

Freshman Football

Varsity Soccer - (Boys)

J.V. Soccer – (Boys)

J.V. Soccer-(Girls)

Varsity Soccer – (Girls)

Varsity Cheerleading

J.V. Cheerleading

Golf-(Boys &Girls)

WINTER

Varsity Boys Basketball

J.V. Boys Basketball

Freshman Boys Basketball

Swimming (Boys & Girls)

Varsity Basketball Cheerleading

Varsity Girls Basketball

J.V. Girls Basketball

Freshman Girls B-Ball (?)

Varsity Hockey

J.V Hockey (?)

SPRING

Varsity Baseball

J.V. Baseball

Freshman Baseball (?)

Track & Field – (Boys & Girls)

Varsity Softball

J.V. Softball

Varsity Lacrosse

J.V. Lacrosse (?)

Note: Due to the financial uncertainty that the BHR School District might face, decisions on whether or not to offer any of the sport programs listed will be made on a season by season basis and will depend on availability of funds.

Note: The sports marked with a; (?) could possibly not run due to lack of participants within these particular sports, as well as availability of funds.

PHYSICALS AND INSURANCE

- A. Squad members are to have a current physical examination before participation in any athletic activity. (practice or otherwise). **(1 Physical examination is needed each year)** There are never any exceptions.
- B. All squad members are covered under the **School Athletic Insurance Program** once their names are taken and placed on a team list. This list, when completed will be turned in to the Athletic Office. (Team Roster) Therefore coaches are never to allow a student to practice unless their names have first been reported on their team list.
- C. Squad members are not to be issued equipment until they have satisfied the physical and insurance requirements. Also, all previously issued equipment must be turned in to the coaches and/or equipment manager.

ABSENCES

Students are not allowed to participate in a contest or practice if they are absent from school on that day. (Any particular circumstances must be brought and approved by the Athletic Director/Principal 24 hours or prior to that day.) There are no restrictions in this regard, however, relative to Saturday participation.

For extenuating circumstances the head coach may consult the Athletic Director / Principal/or Designee.

All players participating in a contest must be in school by 11:35 AM the day of the contest or game in order to participate in that contest or game. Any special situations must be approved ahead of time and or through the Athletic Directors Office / Principals Office

TRAINER

Blue Hills is very fortunate to have on staff a Certified Athletic Trainer. The trainer is available for the students and athletes. The person in this position will attend all home games and all away football games. For some reason if the trainer is unavailable, a certified EMT will fill in his or her place.

The trainer will tend to all injuries and report to the head coach whether a player can play in an event or game, or not able to continue due to the injury occurred.

Concussions

Often called Mild Traumatic Brain Injuries (MTBI), concussions are caused by a bump, blow, or jolt to the head. Concussions can occur in any sport.

Signs observed by a coach/ Athletic trainer:

- 1) Appears dazed or stunned
- 2) Confused about assignment
- 3) Forgets plays
- 4) Unsure of game, the score, or the opponent
- 5) Moves clumsily
- 6) Answers questions slowly
- 7) Loses consciousness
- 8) Shows behavior or personality changes
- 9) Cannot recall prior hit
- 10) Cannot recall events after hit

Symptoms that could be reported by the Student Athlete:

- 1) Headache
- 2) Nausea
- 3) Balance problems or dizziness
- 4) Double or fuzzy vision
- 5) Sensitivity to light and or noise
- 6) Feeling sluggish
- 7) Feeling foggy or groggy
- 8) Concentration or memory problems
- 9) Confusion

BHR Action Plan

When a Coach/Athletic Trainer suspects that a player has a concussion.

- 1) Remove the Athlete from any further play. Recognize any of the signs and symptoms of a concussion. Any Athlete who experiences any of the signs and symptoms of a concussion should not be allowed to return to play. **If there is any doubt keep the athlete out of play.**
- 2) Make sure the athlete is evaluated by the appropriate health care professional. Do not try to judge the severity of the injury yourself. The health care professional uses a number of different methods to assess the severity of a concussion.
- 3) Inform the athlete's parents or guardians about the known possible concussion that his/hers child may have. Go over the signs and symptoms with the parents / guardians. **Important that you make sure that the coach/athletic trainer informs the parents/ guardians that the athlete must be seen by a health care professional.**
- 4) Allow the student athlete to return only with permission from an appropriate health care professional.

***** Any Student Athlete suspected or being treated by a physician** Must:**

- *Have proper Documentation for return and
- See the BHR Athletic Trainer before returning to a practice or game for any follow up and limitations that may apply.

*****The MRI is the true indicator for a concussion**

TRAINERS PROTOCOL

Student Athletes returning from a suspected or a diagnosed concussion by their physician will report to the Trainer for a possible further evaluation. The player will also be given proper instructions and limitations on how to safely return to his /her specific sport. The Trainer will discuss the safe procedure with the head coach in order to ensure a safe transition for the player in order to continue the rest of the season.

Example: Student is diagnosed for a concussion by his/her doctor.

- 1) Student must bring in a note on the physician letterhead stating any limitations or restrictions. Also, when applicable other pertinent information requiring the intensity of the concussion must be submitted in order to ensure a safe proper method of return to the sport.
- 2) The trainer will perform his or her own evaluation based on their experience and the knowledge of the player.
- 3) Trainer will give restrictions and limitations to the player and the head coach / coach based on the evaluations and restrictions of his/her physician

Examples of Limitations:

- a) Player will have restricted time in practice for a few days, then be reevaluated by the trainer to see if time may be extended
- b) The player will have no contact for the first day back.
- c) Trainer will evaluate and watch the player involved in the sport play of that first practice, as well as several practices until a full, safe return can be determined by the Trainer.
- d) If the Trainer determines that the player is not ready for contact the second day, this will be relayed to the coach involved.
- e) Trainer will continually monitor and evaluate the progress of the player and determine if the player is ready for any contact and any up-coming contest.
- f) During the contest, the Trainer will monitor the player closely especially if the sport is a contact sport such as Football, Hockey, Soccer ECT...
- g) If any problems are observed during a practice, scrimmage, or contest, the Trainer and the coach will safely take the student athlete out of play. The Trainer will bring any concerns to the attention of the player and his or her parents.

The Athletic Department

BLUE HILLS REGIONAL TECHNICAL SCHOOL
800 Randolph Street Canton, MA 02020

Criteria for Athletic Awards

Athletic awards are given in recognition of outstanding athletic achievement and service to the school, not as compensation of service rendered. Student athletes will receive, at the coaches' recommendation, an athletic letter at the completion of his/her first varsity year in a particular sport. Pins will be given to deserving athletes each year following the awarding of the first letter. A certificate is also given to deserving athletes each year.

Listed below are the criteria to letter for each sport; however, the head coach has the prerogative to issue or withhold a letter for extenuating circumstances such as early season injuries, value to a team without having played enough, team and school violations, as well as MIAA violation, etc. Coaches must provide documentation of these circumstances to the Athletic Director. In all cases, student athletes must complete the season, as a member of the team, in order to letter. **Awards must be cleared for approval through the Athletic Directors Office for means of ordering the awards.**

Criteria for All Sports (Please see each sport below)

1. Student/athlete must meet all academic eligibility and good citizenship criteria as provided by the school handbook and MIAA rules.
2. Student/athlete must complete the entire season.
3. Student/athlete must attend all practices unless excused by the coach for illness or an emergency beyond the student/athlete's control.

Football

1. Student/athlete must have suited for at least six (6) games played 10 quarters at the varsity level.
2. Student/athlete must have returned all equipment loaned to him or her by the Blue Hills Regional Technical School.
3. Student/athlete must attend all practices unless excused by the coach for illness or an emergency beyond the student/athlete's control.

Volleyball

1. Student/athlete must have played in at least one half of the games throughout the season.
2. Student/athlete must complete the entire season.
3. Student/athlete must attend all practices unless excused by the coach for illness or an emergency beyond the student/athlete's control.

Criteria for Athletic Awards (cont.)

Golf

1. Student/athlete must have completed at least four (4) matches.
2. Student/athlete must return all equipment loaned by coach or school.

Soccer

1. Student/athlete regularly attended practice.
2. Student/athlete must have played in at least one half of the games throughout the season.
3. Student/athlete must return all equipment loaned by coach or school.

Basketball

1. Student/athlete regularly attended practice.
2. Student/athlete must have played in at least one half of the games throughout the season.
3. Student/athlete must return all equipment loaned by coach or school.

Hockey

1. Student/athlete regularly attended practice.
2. Student/athlete must participate in at least one half of the games throughout the season.
3. Student/athlete must return all equipment loaned by the coach or school.

Swimming

1. Student/athlete regularly attended at practice.
2. Student/athlete must participate in at least one half of all meets throughout the season and scored in at least one half of those meets.

Track & Field

1. Student/athlete regularly attended practice.
2. Student/athlete must participate in at least one half of all meets throughout the season and scored in at least one half of those meets.
3. Student/athlete must return all equipment loaned by coach or school.

Softball

1. Student/athlete regularly attended practice.
2. Student/athlete must participate in at least one half of all games throughout the season.
3. Student/athlete must return all equipment loaned by coach or school.

Criteria for Athletic Awards (cont.)

Baseball

1. Student/athlete regularly attended practice.
2. Student/athlete must participate in at least one half of all games throughout the season.
3. Student/athlete must return all equipment loaned by coach or school.

Lacrosse

1. Student/athlete regularly attended practice.
2. Student/athlete must participate in at least one half of all games throughout the season.
3. Student/athlete must return all equipment loaned by coach or school.

CRITERIA FOR INDIVIDUAL AWARDS

Most Valuable Player

The Head Coach selects the student athlete to be considered the most valuable player on the team. **Consideration Guide:** All-Star, All Scholastic, Captain, Leading Scorer, Most Assists, Most Points, Team Attitude ect...

Sportsmanship Award (If Applicable)

1. Gained an understanding and appreciation for rules of the contest.
2. Exercised representative behavior at all times.
3. Recognized and appreciated skilled performances regardless of affiliation.
4. Exhibited respect for the officials.
5. Displayed openly a respect for the opponent at all times.
6. Displayed pride in actions at every opportunity.

CRITERIA for MAKING A SPORT TEAM

In the event a coach has to make cuts in a specific athletic program because of the number of players involved, the Head Coach uses different criteria for selecting his/her team.

For and example:

All student athletes that are academically eligible to participate in the Blue Hills' Athletic Program, might be selected to the final roster based on the following criteria:

- Attendance
- Potential
- Skills
- Ability
- Attitude
- Commitment

The Blue Hills Regional Technical High School Athletic Program is categorized by a number of criteria, one of which is that participation is greatly encouraged.

If an eligible candidate for a team is judged by the Head Coach and his/her staff not to be included in the team's final roster, the following procedure could be in effect: assist the student athlete in understanding the decision by the staff and, if possible, discuss alternatives and make recommendations for the student's future athletic involvement.

In determining the final roster, coaches are encouraged to give upperclassmen priority.

Prior to team roster being posted in a predetermined area, players not listed could be given an opportunity to arrange for a meeting with the Head Coach at a mutually convenient time to discuss the individual and reinforce the criteria used by the staff to determine the final roster if the student asks for such a meeting.

Please note: Many times a player that has not made the team could possibly aid the team in a different capacity like a team manager or a team scorer.

Note: Playing time is strictly determined by the coach of that sport

HARASSMENT

The Blue Hills Regional School District will be committed to maintaining a school environment free of harassment. Harassment by Coaches, Student Athletes, Students, Parents, Vendors, Administrators, Support Personnel, and other individuals at school or at school sponsored events is unlawful and is strictly prohibited. The Blue Hills Regional School District requires all employees and students to conduct themselves in an appropriate manner with respect for their fellow employees, students, and all members of the school community.

HARASSMENT/ BULLYING (Will not be tolerated)

Harassment/Bullying includes communications such as: slurs, jokes, comments, innuendos, notes, pictures, cartoons, pranks, drawings, demeaning comments, symbols, gestures, physical attacks, written or oral threats, physical actions, or other conduct which offends or shows disrespect to another person(s). **For student athletes, this also refers to conduct either on the field or off the field. *This Will Not Be Tolerated***

By law, what constitutes harassment is determined from the perspective of a reasonable person with the characteristic on which the harassment is based. What one person may consider acceptable behavior may reasonably be viewed as harassment by another person. Therefore, individuals should consider how their words and actions might reasonably be viewed by other individuals. This is also important for individuals to make it clear to others when a particular behavior or communication is unwelcome, intimidating, hostile or offensive.

Sexual Harassment.

While all types of harassment are prohibited, sexual harassment requires particular attention. Sexual harassment includes sexual advances, requests for sexual favors, and/or other verbal or physical conduct of a sexual nature.

RETALIATION PROHIBITED

Retaliation against any individual who has brought harassment or other inappropriate behavior to the attention of their Coach, Athletic Director, Teacher, Administration, or any other school employee who has cooperated in an investigation of a complaint under this policy is unlawful and will not be tolerated by the Blue Hills Regional School District.

Harassment/Bullying of any type will not be tolerated and could result in a team suspension for a given time frame, or could result in a team expulsion and will be turned over to the Athletic Director / Principal.

Harassment / Bullying (Cont)

DISCIPLINARY CONSEQUENCES

Persons who engage in harassment/bullying or retaliation, may be subject to disciplinary action, including, but not limited to: reprimand, suspension, expulsion or other sanctions as determined by the school administration and/or the school Superintendent Director, subject to applicable procedural requirements.

INVESTIGATION

Any individual who believes he/she has been harassed / bullied, or who has witnessed or learned about the harassment / bullying of another person within the school environment, should inform their Head Coach / Athletic Director / Principal as soon as possible. If the individual does not wish to discuss the issue with him/her, or if she/he does not address the problem in an effective manner, the individual should inform the Superintendent Director.

The Head Coach, along with the Athletic Director, could possibly resolve some of the situations within the Athletic Department by using a means of mentoring the problem through possible discussions. If the situation is not fully resolved and the situation warrants a team expulsion, the situation will be turned over to the principal for further investigation.

The Blue Hills Regional Athletic Department, (and, if necessary the School Administration), will promptly investigate every complaint of harassment / bullying. If it is determined that a harassment / bullying issue has occurred, the proper personnel will take appropriate action to end the harassment / bullying and to ensure that it is not repeated. Confidentiality will be maintained to the extent consistent with the school's obligations under law.

NOTICE OF NONDISCRIMINATION

The Blue Hills Athletic Department does not discriminate on the basis of race, color, religion, national origin, age, gender, sexual orientation, or disability. In order to make a team roster, refer to page 17. **Team managers are considered as part of a team, therefore they may be listed on your team roster.**

Student Athletic Achievement Grade Sheet

Some coaches may use this form for the following reasons:

- A) To help the students who are having difficulty in their programs of studies.
- B) Tournament Eligibilities when a grading period is in between regular season play and post season play. (Example: Football)

Student Athletic Achievement Grade Sheet

This report will help aid coaches in establishing the eligibility for the student athlete on their team, who could be ineligible to participate because they have not met the required requirements in their shop and their 4 major academic areas.

Name: _____

Grade: _____

Math Grade _____

Teacher Signature _____

Science Grade _____

Teacher Signature _____

English Grade _____

Teacher Signature _____

Social Studies _____

Teacher Signature _____

Shop Grade _____

Teacher Signature _____

Head Coach _____

Sport: _____

Teacher Comments

EMERGENCY CARD

All student athletes must have the **Emergency Card** filled out and fully completed and passed into the Head Coach prior once the team roster has been made

Note: All **Student Athletes** must have an up to date **physical exam** prior to the start of the season he/she is planning to participate in. This exam must be recorded with the school nurse.

Permission slip

DATE:

TO: (Teams Attending)

FROM: BLUE HILLS ATHLETIC DEPARTMENT

RE:

TIME AND EVENTS: **Students Dismissed @**

- 1) BUS LEAVES BLUE HILLS.....
- 2) BOAT from HYANNIS.....HYLINE.....
- 3) BOAT ARRIVES NANTUCKET.....
- 4) **Event time**.....
- 5) BOAT FROM
- 6) ARRIVE AT.....
- 7) ARRIVE BACK TO BLUE HILLS...(APPROX).....

NOTE: Parents should be @ BHR to pick up students at -----

THINGS TO BRING:

- 1) MONEY FOR FOOD ON THE BOAT
- 2) EXTRA CLOTHING
- 3) WARM JACKET
- 4) RAIN GEAR IF NECESSARY

ATTENDING:

- 1)
- 2) ATHLETIC DIRECTOR/ ADMINISTRATOR

PARENT(S) /GUARDIAN SIGNATURE

STUDENT ATHLETE'S NAME: **PLEASE PRINT:** _____

